SYNTHESIS AND BIOLOGICAL ACTIVITY OF 3 β -FLUOROVITAMIN D₃: COMPARISON OF THE BIOLOGICAL ACTIVITY OF 3 β -FLUOROVITAMIN D₃ AND 3-DEOXYVITAMIN D₃

LARRY K. REVELLE, JAMES M. LONDOWSKI, SUSAN BOLLMAN KOST, ROBERT A. CORRADINO† and RAJIV KUMAR*

The Department of Medicine, Mayo Clinic and Foundation, Rochester, MN 55905, U.S.A.

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Summary—The alteration in the biologic activity of the vitamin D_3 molecule resulting from the replacement of a hydrogen atom with a fluorine atom is a subject of fundamental interest. To investigate this problem we synthesized 3β -fluorovitamin D_3 6 and its hydrogen analog, 3-deoxyvitamin D_3 7, and tested the biologic activity of each by *in vitro* and *in vivo* methods.

Contrary to previous reports which showed that 3β -fluorovitamin D₃ was as active as vitamin D₃ in vivo, we found that the fluoro-analog was less active than vitamin D₃. With regard to stimulation of intestinal calcium transport and bone calcium mobilization in the D-deficient hypocalcemic rat, 3β -fluorovitamin D₃ showed significantly greater biologic activity than its hydrogen analog, 3-deoxyvitamin D₃. In the organ-cultured, embryonic chick duodenum, 3β -fluorovitamin D₃ was approx 1/1000th as active as the native hormone, 1,25-dihydroxyvitamin D₃, while 3-deoxyvitamin D₃ was inactive even at μ M concentrations, in the induction of the vitamin D-dependent, calcium-binding protein. With regard to *in vitro* activity in displacing radiolabeled 25-hydroxyvitamin D₃ from vitamin D binding protein and radiolabelled 1,25-dihydroxyvitamin D₃ from a chick intestinal cytosol receptor, 3β -fluorovitamin D₃ convitamin D₃ both showed very poor binding efficiencies when compared with vitamin D₃. Our results show that the substitution of a fluorine atom for a hydrogen atom at the C-3 position of the vitamin D₃ molecule results in a fluorovitamin **6** with significantly more biological activity than its hydrogen analog, 3-deoxyvitamin D₃ 7.

INTRODUCTION

The study of fluorinated analogs of vitamin D sterols has received attention recently because of the ability of these analogs to block hydroxylation at C-24 of the side-chain of the sterol and because of their ability to either enhance or decrease the biological activity of the molecule in various in vitro and in vivo systems [1-7]. The synthesis and biological activity of 3β -fluorovitamin D_3 and the synthesis of 3β -fluorovitamin D₂ and 3β -fluorovitamin D₅ has been previously reported [8-11]. However, in the previously cited work, the newly synthesized fluorosterol was tested at a high dose only and, therefore, no true assessment of biological function could be made. As a result of these biological studies it was concluded that 3β -fluorovitamin D₃ was as active as vitamin D₃ in vivo [10]. Protein binding studies with vitamin D binding protein and chick intestinal cytosol receptor were not performed. Studies of the induction of the vitamin D-dependent

[†]Department of Physiology, Cornell University, Ithaca, New York, U.S.A.

²Abbreviation: 3-Deoxyvitamin D₃, 5(Z),7(E),3-deoxy-9,10-seco-5,7,10(19)-cholestadiene. calcium binding protein in chick duodenal organ culture were also not performed. We now report a modified route for the synthesis of 3β -fluorovitamin D₃,¹ and report that, contrary to a previous study, 3β -fluorovitamin D₃ is much less active than vitamin D₃ *in vivo*, but equipotent *in vitro*. However, it is considerably more active than 3-deoxyvitamin D₃,² both *in vivo* and *in vitro*; in fact, 3-deoxyvitamin D₃ is inactive in the *in vitro* induction of the vitamin D-dependent, calcium-binding protein in the organcultured deuodenum.

EXPERIMENTAL

General

Ultraviolet spectra (u.v.) were taken in methanol with a Beckman Model 35 recording spectrophotometer (Beckman Instruments, Palo Alto, CA). Mass spectra were obtained on a Kratos MS50/DS-55 mass spectrometer-computer system (Kratos Instruments, U.K.). High performance liquid chromatography (HPLC) was performed on a Waters liquid chromatograph featuring two Model M-6000A pumps; a Model 450 u.v. detector, a Model 660 gradient programmer (all from Waters Associates, Milford, MA) and a Model 3380A Hewlett Packard integrator (Hewlett Packard, Avondale, PA). The standard HPLC conditions under which each synthetic compound was purified for final spectroscopic

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¹Abbreviation: 3β-Fluoro-vitamin D₃, 5(Z),7(E),3β-fluoro-9,10-seco-5,7,10(19)-cholestadiene.

characterization were: Varian Micropak MCH-10, $50 \text{ cm} \times 8 \text{ mm}$ reverse phase column, methanol eluant, 5 ml/min, u.v. detector 265 nm. Nuclear magnetic resonance spectra (NMR) were obtained in deuterated chloroform with 0.1% tetramethylsilane on an IBM NR-80 Fourier transform nuclear magnetic resonance spectrometer (IBM Instruments, Danbury, CT). ⁴⁵CaCl₂ was obtained from New England Nuclear (New England Nuclear, Boston MA). Biological activity of the various compounds was tested in vivo as described previously [12-14]. Binding assays using vitamin D binding protein and chick intestinal cytosol receptor were performed as described before [15]. The induction of the vitamin D-dependent calcium binding protein was studied in organ-cultured duodena as described in detail elsewhere [16, 17].

Synthesis

I. Diels Alder reaction of cholesta-5,7-diene-3\u00d3-ol 1 with 4-phenyl-1,2,4-triazoline-3,5-dione. The 4phenyl-1,2,4-triazoline-3,5-dione reagent was prepared by the method outlined by Cookson et al. [18] and purified by sublimation. The triazoline reagent (0.90 g, 5.2 mmol) was dissolved in 25 ml dry acetone and added dropwise to 1 (2.0 g, 5.2 mmol) in 25 ml dry CHCl₃ until the first sign of a faint pink color persisted. The solvent was removed under reduced pressure resulting in a colorless foam which was recrystallized from acetone to give 5α , 8α -(4-phenyl-1, 2-urazolo) cholesta-6-ene 2 (2.7 g, 4.6 mmol, 90% yield). u.v. $\lambda_{max} = 253$, $\lambda_{min} = 240$ nm. NMR δ 3.16 (d of d, J = 12.0 Hz, J = 5.3 Hz, 2H, 4α -H, 4β -H), 4.43 (m, 1H, 3α -H), 6.23, 6.42 (ABq, 2H, J = 10.4 Hz, 6, 7-H), 7.41 (m, 5H, Ar). MS: m/z(assignment, relative intensity) 559 (M⁺, 0 (not seen)), 384 (M⁺ – Diels Alder adduct, $C_{27}H_{44}O$, cal-384.3381, found 384.3369, 42), 382 culated 22), $(M^+ - Diels)$ Alder adduct + 2H, 366 $(384 - H_2O, 11),$ 364 $(382 - H_2O)$ 43), 351 $(366 - CH_3, 28), 349 (364 - CH_3, 12), 253 (366 - side$ chain, 12), 251 (364 – side chain, 21), 177 (adduct + 2H, 100).

II. Fluorination of $5\alpha, 8\alpha$ -(4-phenyl-1,2-urazolo)cholesta-6-ene **2** with diethylaminosulfur trifluoride (DAST)

Into 25 ml of dry CH_2Cl_2 was dissolved the DAST rcagent (Aldrich, 1.6 g, 10.0 mmol). The solution was cooled under nitrogen to $-70^{\circ}C$ in a dry ice-acetone bath. Over a 5 min period, **2** (1.2 g, 2.1 mmol) dissolved in 25 ml of dry acetone was added. The solution was stirred for 15 min at dry ice-acetone temperatures. The cooling bath was removed to allow the solution to warm to room temperature for 35 min. The reaction mixture was quenched with 10 ml of 5% Na₂CO₃ (5 mmol). An additional 100 ml of CH₂Cl₂ was added. The organic layer was separated and then washed with a saturated NaCl (aqueous) solution and a water wash. The organic layer was dried over Na₂SO₄ before removal of solvent under reduced pressure to give a yellow oil. The oil was applied to a 35×1 cm silica gel 60 column and eluted with 400 ml hexane, 400 ml 2.5% ethyl acetate-97.5% hexane, followed by 400 ml 5% ethyl acetate-95% hexane 3β -fluoro- 5α , 8α -(4-phenyl-1, 2-urazolo)to give cholesta-6-ene 3 (500 mg, 0.88 mmol, 35% yield). The HPLC retention time of 3 was 7.3 min under standard conditions (reverse phase). u.v. $\lambda_{max} = 253 \text{ nm}$, $\lambda_{\min} = 240 \text{ nm}$. NMR δ 3.40 (d of m, J = 14.7 Hz, 2H, $4\alpha - H$, $4\beta - H$), 5.33 (d of m, J = 47.2 Hz, 1H, $3\alpha - H$), 6.25, 6.48 (ABq, 2H, J = 13 Hz, 6, 7-H), 7.41 (m, 5H, Ar). MS: 561 (M⁺, 0), 386 $(M^+ - adduct, C_{27}H_{43}F, calculated 386.3354, found$ $386.3350, 68), 366 (386 - HF, 31), 351 (366 - CH_3)$ 42), 253 (366-side chain, 54), 199 (253 - C₄H₆, 28), 177 (adduct + 2H, 20), 163 (A ring + B ring, 77), 143(163 - HF, 33).

III. Reaction of 3β -fluoro- 5α , 8α -(4-phenyl-1,2urazolo)-cholesta-6-ene 4 with lithium aluminum hydride in THF

Into 50 ml of freshly distilled THF was added 3 (400 mg, 0.71 mmol) along with 400 mg of lithium aluminum hydride. After the mixture was refluxed under argon for 2 h, 10 ml ethyl acetate was added. The mixture was filtered, dried over Na₂SO₄, and concentrated to a slightly yellow oil. The oil was applied to a 25×1 cm silica gel 60 column and eluted with 10% ethyl acetate-90% hexane eluant. The first fraction to elute was 3β -fluoro-cholesta-5,7-diene 4 (230 mg, 0.60 mmol, 84% yield). HPLC retention time (standard conditions) was 27 min. u.v. λ_{max} 292, 282, 272, 263 nm. NMR δ 2.55 (m, 2H, 4 α -H, 4 β -H), 4.53 (d of m, J = 52 Hz, 1H, 3 α -H), 5.39, 5.61 (ABq, J = 6.7 Hz, 2H, 6, 7-H). MS: 386 (M⁺ C₂₇H₄₃F calculated 386.3354, found 386.3323, 81), 366 (M⁺ – HF, 49), 351 ($366 - CH_3$, 44), 253 (366 - side chain, 100), 199 (253 – C_4H_6 , 42), 163 (A ring + B ring, 88), 143 (163 - HF, 55).

IV. Photolysis of 3B-fluoro-cholesta-5,7-diene 4

Into 100 ml of absolute ethanol (deoxygenated by bubbling nitrogen) was dissolved 4 (10 mg, 0.025 mmol). The solution was transferred to a quartz photolysis tube cooled with circulating ice water. The solution was irradiated for 10 min with a Hanovia lamp fitted with a Vycor filter ($\lambda > 280$ nm transmitted). The solvent was removed by rotovap stripping under mechanical vacuum pump pressure maintaining the water bath temperature around 10°C. The residue was dissolved in methanol-CHCl₃ (2 ml) and injected onto the HPLC under standard conditions to collect 3β -fluoro-9,10-seco-cholesta-5(10), 6-cis, 8-triene 5 (3.5 mg, 0.0091 mmol, 35% yield). Final purification by HPLC under standard conditions showed a retention time of 18.0 min. The yield was determined from the u.v. assuming $\varepsilon = 8860. \text{ u.v. } \lambda_{\text{max}} = 265 \text{ nm}, \lambda_{\text{min}} = 228 \text{ nm}. \text{ NMR: } \delta$ 1.52 (s, 3H, 19-CH₃), 4.80 (d of m, J = 48 Hz, 1H,

 3α -H), 5.60, 5.81 (ABq, J = 19.9 Hz, 2H, 6, 7-H). MS: (M⁺ C₂₇H₄₃F calculated 386.3354, found 386.3303, 26), 366 (M⁺—HF, 14), 273, 386 (M⁺ – side chain, 20), 253 (366 – side chain, 19), 163 (A ring + C₄H₅, 36), 143 (163 – HF, 22), 138 (A ring + C₂H₂, 100), 118 (138 – HF, 10).

V. Thermal H-shift of 3 β -fluoro-9,10-seco-cholesta-5-(10),6-cis, 8-triene 5

Into 50 ml of methanol (deoxygenated) was dissolved 5 (2.0 mg, 0.0052 mmol). The solution was heated under a nitrogen atmosphere for 3 days at 37°C. The solvent was removed by rotovap stripping under mechanical vacuum pump pressure maintaining the water bath temperature around 10°C. The residue was dissolved in $\sim 2 \text{ ml}$ of CHCl₃/CH₃OH and injected onto the HPLC under standard conditions to collect 5(Z), 7(E), 3β -fluoro-9,10-seco-5,7,10(19)-cholestadiene 6 (1.5 mg, 0.0039 mmol, 75% yield). The retention time was 16.5 min. Yield was determined from u.v. assuming $\varepsilon = 16,880$. u.v. $\lambda_{max} = 265 \text{ nm}, \ \lambda_{min} = 228. \text{ NMR: } \delta 0.54 \text{ (s, 3H,}$ 18-CH₃), 2.57 (d of d, J = 20 Hz, J = 5.3 Hz, 2H, 4α -H, 4β -H), 4.75 (d of m, J = 48 Hz, 1H, 3α -H), 4.87 (d, J = 2.7 Hz, 1H, 19(E)), 5.08 (d(br), J = 1.0 Hz, 1H, 19(Z)), 6.05, 6.25 (ABq, J = 16.2 Hz, 2H, 6, 7-H). MS: 386 (M⁺ $C_{27}H_{43}F$, calculated 386.3354, found 386.3304), 366 (M⁺ – HF, 26), 351 $(366 - CH_3)$, 273 $(M^+ - side chain, 9)$, 253 $(366 - side chain, 41), 199 (253 - C_4H_6, 15) 163$ $(A ring + C_4H_5, 17), 143 (163 - HF, 26), 138$ $(A ring + C_2H_2, 75), 118 (138 - HF, 13).$

Synthesis of 5(Z),7(E),3-deoxy-9,10-seco-5,7,10-(19)-cholestadiene 7

The synthesis of 7 was carried out as outlined by Edelstein *et al.* [19]. u.v. $\lambda_{max} = 265$, $\lambda_{min} = 228$ nm.

NMR δ 0.55 (s, 3H, 18-CH₃), 4.77 (d, J = 2.7 Hz, 1H, 19(*E*)), 4.98 (m, 1H, 19(*Z*)), 6.04, 6.15 (ABq, J = 19.2 Hz, 2H, 6, 7-H). MS: 368 (M⁺, C₂₇H₄₄, calculated 368.3432, found 368.3440, 50), 366 (M⁺ – 2H, 13), 353 (M⁺ – CH₃, 10), 351 (366 – 2H, 5), 255 (M⁺ – side chain, 27), 253 (366 – side chain, 9), 201 (255 – C₄H₆, 9), 145 (A ring + C₄H₃, 23), 120 (A ring + C₂H₂, 100).

RESULTS

We report an efficient synthesis of 3β -fluorovitamin D₃ (Fig. 1). Cycloaddition of 4-phenyl-1,2,4-triazoline-3,5-dione to 1 gives adduct 2 in 90% yield. Reacting 2 with diethylaminosulfur trifluoride followed by Na₂CO₃ quench and NaCl_(aq) wash gives the 3β -fluoro analog 3 in 35% yield. Removal of the protection group from 3 by lithium aluminum hydride in THF gives the 3β -fluoroprovitamin 4 in 70% yield. Photolysis of 4 with $\lambda > 280$ nm gives 3β -fluoroprevitamin 5 in 35%yield. Thermal isomerization of 5 in methanol at 37°C affords 3β -fluoro-vitamin D₃ 6 in 75% yield.

As shown in Fig. 2, 3β -fluorovitamin D₃ causes an increase in intestinal calcium transport at a dose of 500 pmol/rat. This response increases in a dose dependent manner such that at 500,000 pmol/rat the serosal/mucosal intestinal calcium transport *in vitro* is 5.89 ± 0.72 , a value higher than that of the 3-deoxyvitamin D₃ analog but considerably less than that of vitamin D₃. 3β -Fluorovitamin D₃ (Fig. 3) mobilizes bone calcium at a dose of 5,000 pmol/rat whereas the 3-deoxy compound is inert in this respect even at a dose as high as 500,000 pmol/rat. 3β -Fluorovitamin D₃ is, however, much less active with respect to bone calcium mobilization than vita-



Fig. 1. Synthesis of 3β -fluorovitamin D₃ from 7-dehydrocholesterol.



Fig. 2. Intestinal calcium transport in everted duodenal sacs 24 h after the administration of varying doses of vitamin D₃, 3β -fluorovitamin D₃ or 3-deoxyvitamin D₃ to hypocalcemic vitamin D deficient rats. Data are expressed as mean \pm SEM. Vitamin D₃ vs control: 50 through 500,000 pmol P < 0.001. 3β -Fluorovitamin D₃ vs control: 50 pmol P = NS; 500 and 5000 pmol P < 0.003, 50,000 and 500,000 pmol P < 0.001. 3-Deoxyvitamin D₃ vs control: 50 through 5000 pmol P < 0.03, 50,000 and 500,000 pmol P < 0.001.



Fig. 3. Bone calcium mobilization response 24 h following the administration of varying doses of vitamin D₃, 3β -fluorovitamin D₃ or 3-deoxyvitamin D₃ to hypocalcemic vitamin D deficient rats. Data are expressed as mean \pm SEM. Vitamin D₃ vs control 50 pmol P = NS, 500 pmol P < 0.015, 5000 through 500,000 pmol P < 0.001. 3β -Fluorovitamin D₃ vs control 50 through 5000 pmol P = NS. 50,000 and 500,000 pmol P < 0.01. 3β -Fluorovitamin D₃ vs control 50 through 500 pmol P = NS.



Fig. 4. Ability of various vitamin D analogs to displace radiolabelled 25-hydroxyvitamin D₃ from vitamin D binding protein. B50 values are: 25-hydroxyvitamin D₃ = 4.71×10^{-9} M; 24(R),25-dihydroxyvitamin D₃ = 4.37×10^{-9} M; 25(S),26-dihydroxyvitamin D₃ = 5.54×10^{-9} M; 1,25-dihydroxyvitamin D₃ = 7.33×10^{-8} M; Vitamin D₃ = 2.16×10^{-7} M; 1 α -hydroxyvitamin D₃ = 1.04×10^{-6} M; 3/eloxyvitamin D₃ $\approx 2.5 \times 10^{-5}$ M.



Fig. 5., Ability of various vitamin D analogs to displace radiolabelled 1,25-dihydroxyvitamin D₃ from chick intestinal cytosol receptor. B50 values are: 1,25-dihydroxyvitamin D₃ = 2.01×10^{-10} M; 1 α -hydroxyvitamin D₃ = 1.1×10^{-7} M; 25-hydroxyvitamin D₃ = 2.86×10^{-7} M; 24(R),25-dihydroxyvitamin D₃ = 7.9×10^{-7} M; 25(S),26-dihydroxyvitamin D₃ > 2.29×10^{-6} M; vitamin D₃ = 1.1×10^{-4} M; 3 β -fluorovitamin D₃ > 2.5×10^{-4} M.

min D_3 which elicits a response as low as 50 pmol/rat. Both 3β -fluorovitamin D₃ and 3-deoxyvitamin D₃ are bound very poorly to vitamin D binding protein and the intestinal cytosol receptor (Figs 4 and 5). As shown in Table 1, 3β -fluorovitamin D₃ induces the synthesis of calcium binding protein in the organcultured chick duodenum. It is about 1000 times less potent than 1,25-dihydroxyvitamin D₃ in this system, or about equipotent to vitamin D₃ [16]. The 3-deoxyvitamin D₃ analog is inactive in this system, even at μ M concentrations. Neither compound is an $1,25(OH)_2D_3$ action. antagonist of However, 3β -fluorovitamin D₃ produces additive effects on calcium-binding protein synthesis.

DISCUSSION

Yakhimovich and Klimashevskii reported successful preparation of 3β -fluorovitamin D₃ by fluorination of cholesterol followed by formation of the 5,7-diene provitamin and photolysis [9]. In another approach, Yakhimovich *et al.*, synthesized the 3β -fluoro-analogs of vitamin D₂ and D₅ by fluorination of the 4-phenyl-1,2,4-triazoline-3,5-dione cycloadduct of the respective provitamins followed by removal of protecting group and photolysis [11]. In this paper, we report an efficient synthesis of 3β -fluorovitamin D₁ 6 by application of the latter approach of Yakhimovich et al. with some modifications. The reaction of 2 with diethylaminosulfur trifluoride followed by quenching with 5% Na_2CO_3 and washing with saturated $NaCl_{(aq)}$ afforded 3β -fluoro-analog 3. Stereochemistry of fluoro-analog 3 was assigned as " β " because: (1) it is established that DAST and sulfur fluorides in general usually replace hydroxyl groups with retention of stereochemistry [19, 20]. (2) The ¹H NMR spectrum of the fluoro analog reported by Yakhimovich to be the 3β -epimer was essentially identical to the ¹H NMR spectrum of 3 [11]. It is reasonable to argue that the steric inhibition created by the presence of the cycloadduct protecting group prevents back side (SN_2) attack at carbon 3. The epimeric purity was established by (1) the absence of a 3β -H resonance signal from the hypothetical 3α -fluoro epimer in the ¹H NMR (2) recycling of 4 in the HPLC under standard conditions several times with no evidence of an epimeric mixture.

Table 1. CaBP induction by 3-deoxy D_3 and 3-fluoro D_3 in duodenal organ

culture			
1,25(OH) ₂ D ₃ (nM)	3-deoxy D ₃ (M)	3-fluoro D ₃ (M)	CaBP (µg/100 mg duodenum)
0	0	0	0
0	10-8	0	0
0	10-7	0	0
0	10-6	0	0
1	0	0	10.4 ± 0.9
1	10-8	0	9.1 ± 2.3
1	10-7	0	12.2 ± 2.3
1	10-6	0	13.0 ± 2.7
0	0	10-8	1.1 ± 0.4
0	0	10-7	4.0 ± 1.2
0	0	10-6	12.3 ± 1.2
1	0	10-8	11.1 ± 1.5
1	0	10-7	15.2 ± 1.5
1	0	10-6	20.4 ± 1.0

^aValues: $x \pm SE$: 8 duodena/group.

Comparing CaBP induced by 10^{-6} M 3-fluoro D₃ (12.3 ± 1.2) with CaBP induced by 10^{-9} 1,25(OH)₂D₃ (10.4 ± 0.9) suggests that 3-fluoro D₃ is approx 1/1000th as potent as 1,25(OH)₂D₃ or about equipotent with vitamin D₃ itself in this system. On the other hand, 3-deoxy-D₃ was inactive. Neither analog had any antagonist activity, but the action of 3-fluoro D₃ was additive with that of 1,25(OH)₂D₃.

The photolysis of provitamin 4 with a Hanovia lamp fitted with a Vycor filter ($\lambda > 280$ nm transmitted) was carried out in absolute ethanol cooled by circulating ice water. Photolysis at 254 nm resulted in a complex mixture while photolysis at 350 nm showed no reaction. The progress of the photolysis was checked at regular time intervals by injecting aliquots of the photolysate directly onto the HPLC under standard conditions. The conversion of provitamin 4 (retention time 27 min) to the previtamin 5 (retention time 18 min) and the side product (retention time 21 min) was monitored as a function of reaction time so as to maximize the yield of 5 and minimize the accumulation of side product. The previtamin 5 was isolated by preparative HPLC and then heated to 37°C in deoxygenated methanol for 3 days. The thermal rearrangement of previtamin 5 (retention time 18 min) to vitamin 6 (retention time 16 min) was also followed by HPLC. The conversion of 5 to 6seemed to reach equilibrium under these temperature conditions with the ratio of vitamin 6 to previtamin 5 approx 95-5 as shown by the HPLC u.v. detector integration. After the final purification of vitamin 6 was carried out by HPLC, the unreacted previtamin 5 was then again subjected to 37°C in methanol in order to maximize the conversion to vitamin 6. Fluorinated analogs 5 and 6 showed acute sensitivity to thermal decomposition especially during the removal of solvents. It was necessary to strip away the solvent (methanol) in the rotovap under mechanical vacuum pump pressure maintaining the water bath temperature around 5-10°C in order to minimize decomposition upon isolation.

Contrary to previous reports, we observed that the 3β -fluorovitamin D₃ 6 was less active than vitamin D₃ in vivo. On the other hand, fluorovitamin 6 was much active than the hydrogen analog, more 3-deoxyvitamin D_3 7, in both in vivo systems as well as in the organ-cultured embryonic chick duodenum. The enhanced biological activity of the fluorovitamin could be related to unique chemical and physical properties of the fluorine atom or alternatively different rates of metabolism of the fluoro compound when compared with its hydrogen analog.

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